

SeedSoil Family Counseling



Brian Hall is a family counselor. Hall founded SeedSoil Family Counseling in 2011. The premise behind SeedSoil:

A single seed of truth, sown in the heart of people yields great healing and reward. - Brian Hall

Hidden things in our hearts cause issues in our life. They surface with major life changes that effect committed relationships and entire families. Hall brings over 20 years of experience and tools customized to your specific problem.

Hall found that issues can stem from one of these four areas:

- Angry kids with frustrated parents (as well as frustrated kids with angry parents).
- Families that lack strategies connecting values to daily life.
- Modern mens issues (yes, some are different from our father's).
- Wounded relationships in need of healing.

Teaching couples how to communicate effectively has derailed divorce. Practicing how to bring different views together increases intimacy. Accepting the past as experiences to guide us now helps to create connection. It's through analysis and discovery that Hall brings change to couples, families, and individuals.

The seeds are there, and finding a single truth brings healing.

More found truths bring more healing.

Brian Hall's role is to safely and consciously work with you (or a member of your family) to explore the deep heart issues. Sometimes we don't even realize we are wounded. We go through life always on the offense.

Many of us have roadblocks, or maybe just speed bumps in our lives. In the midst of all the pressures, we may find it difficult to get to the core or source of our beliefs and behavior's. Its up to us to find the courage to face life that gives us the ability to receive help during our hard times.

If you have struggled with seeing your loved one facing barriers, you can trust Brian Hall to provide a safe, nonjudgmental place where truth can be found, where healing and wholeness begins.

Hall graduated from Eastern Washington University in 2010, with a Masters Degree in Social Work. He is a Licensed Independent Clinical Social Worker, a Mental Health Professional, and a Chemical Dependency Professional. He founded SeedSoil Family Counseling after working in various agencies including domestic violence, eating disorders, substance abuse, adolescent and adult prisons, and geriatrics. For over 20 years, he has helped couples, families, and individuals experience healing and restoration of broken lives due to mental health challenges and various addictions.